



WCAF NEWS

West Coast AIDS Foundation

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The Changes for PAC

Contact us if you have any questions or with any suggestions for the newsletter

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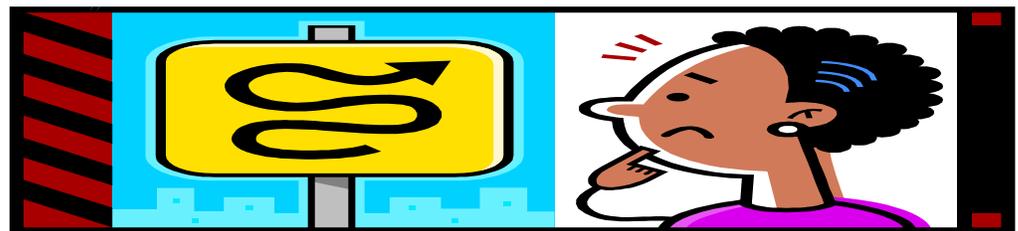
727-375-8664



At this time the individuals that were on the waiting list in March were put onto PAC Waiver. Going forward everyone will still be sent to the PAC area liaison to then be forwarded to Tallahassee. This will be one more step that the PAC Waiver case managers will have to do. We are not sure when they will tell us that there is a waiting list again, but we at WCAF are still taking new clients and enrolling people on PAC Waiver.

The Exception Requests for services through PAC Waiver, are to be sent to the Area PAC liaisons as well. They will make sure that the information is there and then they will forward it to Tallahassee for approval of services. This is for all services that require an authorization in PAC Waiver. Your case manager will be doing this as well.

We are still not sure about the annual assessments that used to be done by PHC with your case manager. We are waiting on the final word from AHCA about who will be doing these and how we will be scheduling them. Please understand that we will try to coordinate these as soon as we know how we are scheduling them going forward. We know that there are a lot of changes that are happening all at once, but bear with us as we all handle the many changes.



Socials!

We have been scheduling our socials again and we would like to remind everyone that if you need to RSVP because space is limited and to be courteous to the speaker as well.

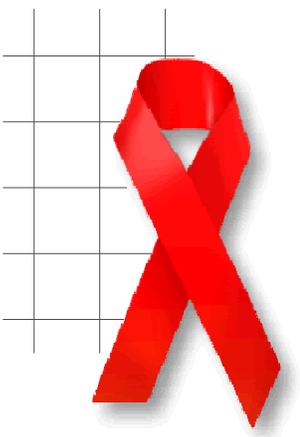
If you cannot make it please let us know so we can let others take your spot. Thanks!

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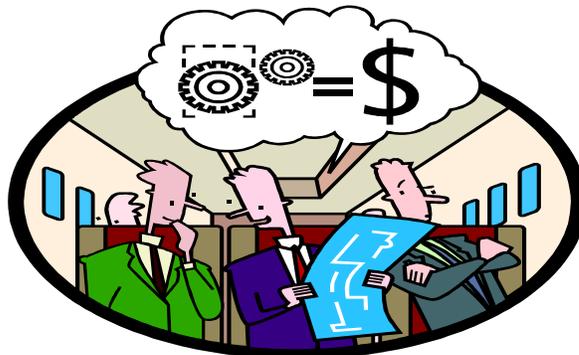
The MMA Letter.

By now a lot of you have received a letter telling you that you will be enrolling into an MMA plan. You need to look at the list of plans that they have sent you and see if your doctors take those plans. If they do not then either you do not enroll in that plan or you change doctors. If you look towards the bottom of the letter it tells you that on May 22nd 2014 that you will be enrolled into a plan and it lists the name of the plan. If you do nothing then that is the plan that you will have. If you do not want that plan. Use the pin that is on the letter at the top of the page and choose the plan that you want. Follow the instructions on the letter about choosing a plan. Just be sure that the plan is going to work for you. If none of your doctors take that plan you might need to research more. It might be difficult to make sure that all of your doctors participate with one plan. You can call your doctors office and ask if they take a certain insurance. Understand that once you have been in a plan for 90 days you are in that plan for a year. So please pay attention to what plan that they are enrolling you in and if your doctors take that plan. The deadline to change plans is on the letter and for most of you that date is 5/22/14. If you have read the letter and still have questions about what it means, please call your case manager about it.



"What happens when the unstoppable force meets the immovable object?"
They surrender."

—Superman



HELP SAVE THE



SPCA



We are collecting donations of pet food, cat litter, cleaning supplies and of course monetary donations.

Save Our Shelter

SPCA Suncoast

7734 Congress St.

New Port Richey, FL 34653

Local SPCA On The Verge of Closing Its Adoption Center

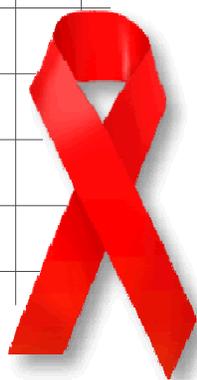
Shelter officials at the SPCA Suncoast in New Port Richey, indicate that the shelter finds itself in a financial crisis and on the verge of closing its adoption center after opening it's doors 50 years ago.

Drop off your donations at:

-Another Dimension Tattoos 4148 US HWY 19 NPR

-SPCA Suncoast 7734 Congress St. NPR

Or donate through the webcite <http://spcasuncoast.org/>



"The future is worth it. All the pain. All the tears. The future is worth the fight."

—Martian Manhunter

Don't forget to schedule your check ups.

It is important to remember to schedule your annual exams and routine screenings. If you are a woman do not forget to get your pap smear. The pap smear is designed to screen for Cervical Cancer. If caught early enough it is treatable. The other thing to remember is your mammograms. They are uncomfortable but they can help in the fight against Breast Cancer.

Also if it is that time you need to schedule your colonoscopy. They are important and they really help detect colon cancer. A disease that is preventable and treatable if once again caught early enough. Do not forget to ask your doctor for the referral for this if you are over 50 or having issues in the rectal area.

These annual screenings can help detect Cancer and if they are caught early enough it is something that is treatable.



"It's not who I am underneath, but what I do that defines me."

—Batman

Quitting Smoking?

Tobacco Free Florida is offering free nicotine replacement if you want to quit smoking. You can call 1-877-822-6669 for more information or you can go onto their website at <http://www.tobaccofreeflorida.com/>

